Custard

Ingredients

500ml milk

2 x 15ml spoons custard powder

1 x 15ml spoon sugar



Equipment









Method

- 1. Mix a little of the milk with the custard powder and sugar in the mixing bowl.
- 2. Heat the remaining milk nearly to the boil.

 Watch that it doesn't boil over!
- 3. Pour the hot milk over the custard powder mixture, whisking all the time.
- **4.** To thicken the custard, return to the saucepan and bring to the boil, whisking all the time.

Top Tips

- · Serve the custard with fruit, like chopped banana or berries.
- · Use the custard to make mini trifles.

Skills

Using the hob
Weighing and
measuring
Whisking







Serve with

piping hot

apple crumble.

Check out

the recipe!